

Lunch Program  
Lunch Meal Includes: Hormone & rBST free Milk,  
a Variety of Fruits/Vegetables and Condiments daily.

Breakfast Program  
Breakfast Meal Includes Hormone & rBST free Milk

**FEBRUARY 2012**  
**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**THE LUNCHMASTER NUTRITION SERVICES**

		1 <u>LUNCH</u> Rotisserie Chicken & Roll Cheesy Lasagna Greek Salad with Pita Bread and Yogurt Milk	2 <u>LUNCH</u> Chicken Hot Dog (all natural) Red Beans and Rice Chicken Caesar Salad with a Roll Milk	3 <u>LUNCH</u> Pepperoni Pizza (2 Slices) Cheese Pizza (2 Slices) Cobb Sub Milk
6 <u>LUNCH</u> Chicken Nuggets with Rice Pilaf Black Bean & Veggie Burrito Taco Salad w/ Tortilla Chips Milk	7 <u>LUNCH</u> Beef Hot Dog (All Natural) Santa Fe Veggie Lasagna Southwest Vegetarian Taco Salad, Tortilla Chips Milk	8 <u>LUNCH</u> Chicken Parmesan on a Roll Pasta X-Plosion! Avocado Tomato Salad, Cornbread, Sun. Sd. Milk	9 <u>LUNCH</u> Potato Dunkers (with Chili, Cornbread) Spaghetti with Tomato Alfredo Sauce Taco Wrap Chicken Caesar Salad with a Roll Milk	10 <u>LUNCH</u> Pepperoni Pizza (2 Slices) Cheese Pizza (2 Slices) Cobb Salad, Roll Milk
13 <u>LUNCH</u> Pineapple Teriyaki Chicken Rice Bowl Macaroni & Cheese, Peas, & a Roll Asian Noodle Salad Milk	14 <u>LUNCH</u> Chicken Noodle Soup, Roll Alphabet Soup, Roll Turkey Club Sandwich Greek Salad with Pita Bread and Yogurt Milk	15 <u>LUNCH</u> Bean and Cheese Burrito Chicken Parmesan with Pasta Chicken Caesar Salad with a Roll Milk	16 <u>Lunch</u> Chicken Nuggets With Rice Pilaf Cheese Ravioli in Marinara Sauce Cobb Salad Wrap Milk	17 <u>LUNCH</u> Pepperoni Pizza (2 Slices) Cheese Pizza (2 Slices) Hawaiian Pizza (2 Slices) Mediterranean Chicken Spinach Salad & Pita Milk
20 <u>LUNCH</u> Toasted Cheese Ravioli with Marinara Dip Breaded Chicken on a Bun Apple Chicken Salad with a Roll Milk	21 <u>LUNCH</u> Chicken Hot Dog (All Natural) Malted Cheddar Cheese Sandwich Avocado Tomato Salad, Cornbread, Sunf. Sd Milk	22 <u>LUNCH</u> Chicken Cordon Bleu over Rice Pilaf Santa Fe Veggie Lasagna Asian Chicken Salad Milk	23 <u>LUNCH</u> Italian Meatball Sandwich Fried Rice (Vegetarian) Crispy Chicken Salad, MarfIn Milk	24 <u>LUNCH</u> Pepperoni Pizza (2 Slices) Cheese Pizza (2 Slices) Cobb Salad, Roll Milk
27 <u>Lunch</u> Beef Hot Dog (All Natural) Cheesy Lasagna Pumpkin Bread Pudding w/ Maple Syrup Sausage Link BBQ Chicken Salad with a Roll Milk	28 <u>LUNCH</u> Rotini with Beef Meat sauce Bagel with Cream Cheese & Hard Boiled Eggs Chef Salad, Roll Milk	29 <u>LUNCH</u> Breaded Chicken on a Bun Twice Baked Ziti Hummus & Pita Bread Milk		
				